



Issue 1

January 2011

Destiny Wellbeing Centre Newsletter

Destiny's New Website!

Hi Everyone!

At last! The Destiny website, Mark 2, is finally up and running.

Having set up the first Destiny website 9 years ago I was quite tardy in doing this all over again. If it were not for the patience of my website designer Murray, and the tremendous amount of work from my daughter Laura I think this website would still be a work-in-progress.

Notwithstanding all the above I did take time out to look at other websites in our industry. From these websites I actually learned what "not" to do.

At Destiny our focus has always been on what our clients need, want, and desire and while we offer this at our physical site I wanted to carry this into the virtual world. I wanted our website to be informative, to deliver the message clearly, to create awareness and to assist our "time poor" customers in making decisions about our services and products.

Our website is clean, clear and minimalist. We are not frustrated graphic designers. Easy navigation was more our goal.

We do not need Andy Warhol's "15 minutes of fame" in cyber world so we will not be offering saccharine epithets. Our messages will be from the Destiny collective, delivered in plain English.



No suns, stars and moons but plenty of information to make you think, question and debate. Use the feedback section on our site or on our Facebook to communicate with us. Constructive criticism is welcome along with suggestions etc.

We will send out bimonthly newsletters and or details of promotions, events and specials from time to time.

We understand your time is precious so we won't be overloading you.

Please subscribe to our newsletter to stay in touch, even if you haven't been in touch for a while we would love to hear from you.

Meanwhile have a safe and wonderful New Year filled with abundance and caring.

With all good wishes,

Patricia

What's On *SPIRIT WHISPERS* with Kate Barnes



Join us for the next instalment of "Spirit Whispers", an amazing evening of communication with Spirit with Kate Barnes, professional Clairvoyant and Medium with over 35 years experience. Kate brings an insight and empathy to her work that is inspirational. Kate is a Medium of substance and not hype delivering messages of love and hope from your loved ones.

Next Show: 7th February 2011

Where: Destiny Wellbeing Centre

Time: 7pm-8:30pm

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Next reading at Destiny on:

Wednesday 2nd February
Sunday 6th February
Wednesday 2nd March
Sunday 6th March
Tuesday 8th March

Therapy of the Month

Tibetan Pulsing

Tibetan Pulsing is a system and profound meditative process that was devised by Tibetan Masters in antiquity. It uses the body's bio-electrical energy to dissolve deep seated blockages on the physical, emotional and mental levels and aligns the life-force with the power of the heart. Whilst the client experiences a thorough relaxation, the nervous circuitry undergoes a total purification. Sound frequencies and tuning are used during the session.

Tibetan Pulsing available at Destiny, make a booking today!

Crystal of the Month

Turquoise



Sagittarius Birth Stone.

Turquoise is found all over the world, most commonly in Tibet and Africa. Turquoise is an incredible grounding stone, physically and mentally. The energy of turquoise helps to maintain a calm mind through all of life's daily challenges. It is especially effective in the manifestation of dreams as well as attuning to one's personal energies and the energies of others, leading to greater communication.

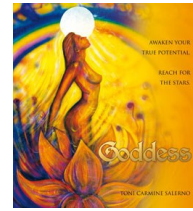
At Destiny we offer a wide range of Turquoise products ranging from tumbled stones to beautiful crystal jewellery set in sterling silver.



Mojave Turquoise Pendant

Book of the Month

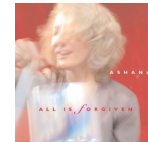
"Goddess" by Toni Salerno



Awaken you true potential... Reach for the stars... This beautifully presented, full-colour book, written and illustrated with over 45 of bestselling author Toni Carmine Salerno's most beloved depictions of the Goddess, is the perfect gift for yourself or your loved ones. With stunning full-page images and inspirational sayings, quotes and affirmations, *Goddess* is a book you will want to use and refer to daily as it can also be used as an oracle, guiding you with positive and life-affirming messages from the realm of the Goddess.

CD of the Month

"All is Forgiven" by Ashana



All Is Forgiven is a luminous tapestry of soaring angelic vocals, haunting original melodies and the healing sounds of crystal singing bowls. This stunningly beautiful alchemy calms and quiets the mind, returning you to a place of deep stillness and remembrance of the Divine, a place where you will be inspired and uplifted to a place of comfort and peace. Co-written and produced by renowned world music artist, Thomas Barquee. Ashana's lovely vocals accompanied by crystal singing bowls are well presented in *All Is Forgiven*. As the title suggests, the music brings a sense of peace and harmony that comes from forgiveness.